



**CHRISTIAN HERITAGE SCHOOL**  
**Athletic Department**  
**WAC (Jr. High)**  
**CHS ATHLETICS POLICIES AND PROCEDURES**



The following general policies shall govern each student-athlete participating in any phase of Christian Heritage School's interscholastic programs.

**I. Adherence to Wasatch Athletic Conference (WAC) Rules & By-Laws:** The student-athlete will abide by all the rules and regulations of the Wasatch Athletic Conference's Rules and By-Laws contained in their handbook. Copies of the handbook are available in the school athletic office. Each student-athlete is advised to familiarize themselves with those rules and regulations.

**II. Academic Eligibility:** A 2.0 (C-) GPA with no failing "F" grades from the previous grading period is required to participate in athletics. *Even 4<sup>th</sup> quarter/spring grades will be used to determine eligibility for the following fall quarter.* The high school or elementary Principal and/or the Dean of Students may place a student on academic probation for a portion or all of a quarter should a student have any below-average grades. During the sports season and in between grading periods, each student-athlete's grades and conduct will be monitored by the principal's office on a periodic basis. **Those students who have any "F's" or 2 or more "D's" at the time of the grade review may not be eligible to participate in the following week's athletic activities.** Additionally, should an athlete's grades be in jeopardy on a consistent basis during the grading period, the athlete *might* be placed on some kind of temporary probation after discussion with teacher(s), parent(s), and administrators (principal and athletic directors).

**III. Forms and Releases:** Before a student-athlete may participate in any sport including conditioning and practices, he/she must submit the following information to the Athletic Office.

- A. Physical Examination Forms A or B
- B. CHS Athletics Policies and Procedures Signature Page

NOTE: Additional student-athlete information relative to participation in athletics at CHS will be obtained from data that all families are required to provide for the school's new database.

**IV. Attendance the Day Before and After a School Contest:** A student-athlete is **expected** to attend all classes on his/her schedule on the day of a contest and the next school day following the contest. To be eligible to participate in the contest of the day, the student-athlete must be present the entire school day, unless the student-athlete has been excluded from school attendance for such reasons as a doctor's appointment, field trip, etc. or such reasons other than illness.

**V. Care of School Uniforms/Equipment:** The student-athlete is responsible for all uniforms and equipment issued to him/her. The student-athlete or his/her parents must pay for stolen or damaged equipment before grades are issued. Uniforms/equipment are to be returned to the school, coach, or athletic director within 14 days of the completion of the season. Athletic uniforms/equipment issued are the property of Christian Heritage School and student-athletes may use these items only on game days and/or **only during contests directly related to Christian Heritage School athletics.** *Jerseys are NOT to be worn during school hours.*

**VI. Transportation to Athletic Contests:** All WAC (Jr. High) team members will travel to and from any away athletic contests and/or off-site practices with their parents or by means of the transportation arranged by their parents. Christian Heritage does NOT provide or organize transportation for their WAC-aged student-athletes.

**VII. Medical Release to Participate:** If a student-athlete is seriously injured, he/she must have a doctor's release before he/she may resume practicing or competing in athletic contests. **PARTICIPATION IN AFTER SCHOOL PRACTICE OR ATHLETIC CONTESTS WILL NOT BE PERMITTED IF THE STUDENT-ATHLETE IS OUT OF SCHOOL ALL OR PART OF THE DAY OF THIS PRACTICE OR CONTEST FOR REASONS OF ILLNESS OR INJURY.** The only exception to this rule is a doctor's release, which must be presented to the coach and athletic director(s) prior to the practice or the contest. *Any changes to a student's health due to illness or injury must be reported to CHS immediately.*

**VIII. Personal Conduct:** Participation on an athletic team at Christian Heritage School is a privilege and the participants must earn the right to represent Christian Heritage School by conducting themselves in such a way that the image of Christian Heritage School would not be tarnished in any manner. Any participant whose conduct is judged to reflect inappropriate behavior upon himself/herself, the team, or Christian Heritage School, whether or not such activity takes place during or outside school hours and sessions of the sport season, will be subject to disciplinary action as determined by the coach, the athletic director, and the principal/administrator of the school.

**IX. Violence:** Christian Heritage School recognizes that in contact sports, some injuries are inherent with participation. However, participants will not act in such a way as to deliberately cause harm to his/her opponent. There is no place for violence in school athletic and activity programs.

**X. Use of Alcohol, Tobacco, Drugs, or Illegal Substances:** Smoking, the use of chewing tobacco and smokeless tobacco, drinking of alcoholic beverages, the illegal use of drugs or marijuana by a student-athlete is prohibited both in and out of season and during such time as school is not in session. Upon evidence of the use or possession of tobacco in any form, and alcohol or drugs, the coach, athletic director, or principal/administrator, pending investigation, shall suspend the student-athlete. At a minimum, violation of this rule will result in immediate suspension from all athletic/activity programs in conjunction with any disciplinary action taken by the school administration, and as a member of the Wasatch Athletic Conference, the by-laws and guidelines of the Wasatch Athletic Conference will also be followed should such an infraction occur.

**XI. Temporary Suspension from a Team:** Causes for temporary suspension may include, but not be limited to: grades, personal misconduct, unexcused absences from meetings or practices, violations of athletic policies, and unsportsmanlike conduct. The coach of the sport, athletic director, and/or school principal/administrator will issue the temporary suspension.

**XII. Discipline and Hearings:** The coach or advisor, in response to a violation of any part of this agreement, has the right and obligation to impose disciplinary action on a participant. It is also possible that the school principal or athletic director(s) may convene a hearing to investigate the violation. The hearing panel may consist of, but not necessarily be limited to the principal, the athletic director(s), and head coach or advisor. The penalty will be determined by the seriousness of the offense. It is possible that a student may be declared ineligible to participate on any Christian Heritage School athletic team(s) or participate in any CHS activities. The decision(s) of this hearing board or the individual coach or advisor may exceed the consequences imposed by policy and/or law.

**XIII. Emergency Treatment:** Christian Heritage School will seek emergency treatment for all sports-related injuries or illnesses that a student/participant may experience in the event qualified medical personnel consider treatment necessary. Authorization to seek such treatment is assumed unless you have initialed on the appropriate line of the ***“CHS Athletics Policies & Procedures Signature & Information Page”*** that you do **NOT** want CHS to seek treatment. Every reasonable attempt to contact the parent(s) or guardians(s) will be made before seeking any kind of treatment.

**XIV. Insurance:** Student participants must be covered by health/accident insurance to be eligible to participate. Provide such information on the ***“CHS Athletics Policies & Procedures & Information Page”***.

**XV. Informed Consent:** A risk of possible injury is inherent in all sports participation and potential injury(s) may even be severe in nature. All risks associated with participation in the activity(s) selected on the ***“CHS Athletics Policies and Procedures Signature & Information Page”***, including but not limited to falls, contact with other participants, the effects of weather, traffic, and other reasonable risk conditions are known and appreciated by the student participant and his/her parent/guardian.

**XVI. Parent Service Obligation(s):** Families of all athletes are asked to provide a minimum of 10 hours of service to the Athletic Department(s) during the sports season in which their son/daughter is participating. Service can be performed by any adult family member and may be performed for an athletics activity completely separate from your son/daughter's. All services provided for the athletic department count toward your overall service hour requirement for CHS.