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UHSAA Tryout Checklist - Breakdown

For future reference!

The UHSAA has mandated that a tryout checklist be completed before a prospective team member may try out for or be a member of any given team. The items listed below are references for each of the checklist items. They are copied directly from the UHSAA Handbook; this information is also available at www.uhsaa.org in the handbook section. Please refer to these items when completing the checklist.



Checklist item #2. /Drugs, Alcohol & Tobacco Policy

By-Laws Article XI: Section 1: The UHSAA supports the U.S. Supreme Court rulings regarding education. First, to prepare students to be good citizens and second, to teach them to be self-reliant and self-sufficient. Activities of the UHSAA contribute to both of these goals. The use of alcohol, tobacco products or other drugs in almost every instance deters the realization of these goals. Every effort shall be made at the local, region, and state levels of participation to eradicate the promotion, use or abuse of alcohol, drugs and tobacco with regard to participation in high school sports and activities. Limitation for participation of students in Utah high school activities regarding the use of alcohol, tobacco products and other drugs during a sports season, as defined in the Utah Code are:

- a. **First offense:** Suspension from two consecutive games, meets, matches, competitions or performances at the same level of play (and any intervening levels as well). Practice may be continued following a personal assessment of the student by a licensed substance abuse intervention or treatment program and/or participation in a district approved intervention program.
- b. **Second offense:** A six-week suspension from games, meets, matches, competitions or performances. Student participation in an assessment by a licensed substance abuse intervention or treatment program with prescribed follow-up is required. Practice may continue only after the assessment has been completed and positive participation in the prescribed follow-up is occurring.
- c. **Third offense:** An eighteen-week suspension from all games, meets, matches, competitions, performances and practices. Reinstatement of eligibility at the end of the eighteen-week suspension is predicated upon successful completion of a formal assessment, intervention and treatment program. In all of the foregoing offenses, local school and/or district requirements which deal with discipline, suspension, corrective measures, parent/guardian involvement, rehabilitation, and so forth, must be met.

Section 2: Local school or district requirements may exceed those set forth in Section 1. (Christian Heritage School has a zero-tolerance policy regarding the use of drugs, alcohol, and tobacco and the use or possession of such will result in immediate suspension from all athletic/activity programs in conjunction with any disciplinary action taken by the school administration.)



Checklist item #3. /Physical Examination Required

By-Laws Article I, Section 12: No student shall be eligible to compete in any athletic contest sponsored by this Association unless such student has a physician's certificate stating that he/she is physically able to compete in inter-school athletic contests.



Checklist item #4. /Establishing Eligibility

By-Laws Article I, Section 1-d:

- (d) A student may establish initial eligibility either by trying out for a team or by a student's first day of attendance at any member high school subject to the policies, rules and regulations of the governing school board.

Interpretations and Guidelines 1-D

- D. Initial eligibility is established by attending the school as a student or trying out/practicing with a team, whichever comes first.



Checklist item #5. /Ninth Grade Eligibility

See By-Laws Article I, Section 1-b:

- (a) Ninth grade students enrolled in junior high schools, if otherwise eligible, may participate in Association activities with an appropriate high school. Students may participate in Association activities while enrolled in the ninth grade if the school permits. A student who is enrolled in a junior high school but participates in Association activities for a high school shall be deemed to have attended that high school. If such a student shall enroll in a different high school for the tenth grade, that enrollment shall be considered a transfer and shall be subject to the requirements of the Association's Transfer Rule (Article I Section 8). **AND**

See Interpretations and Guidelines 1. Eligibility of Students/Ninth Grade Students and Jr./Sr. High School Competition (see Article I, Section 1):

- A. Ninth grade students who are members of a junior high school studentbody may participate at an appropriate high school if such participation is approved by their local board of education. Any 9th, 10th, 11th, or 12th grade student participating on a high school team will be governed by the rules of the UHSAA whether attending a three-year high school, a four-year high school, or a separate junior high school. The names of all members of these teams must be included on an eligibility list.
- B. High school teams (9th grade, 10th grade, junior varsity, varsity, etc.) may play any other member high school team or junior high school team consisting only of 9th grade students. High school teams or individuals may not compete, practice, nor try out with or against any students below the ninth grade. **Exceptions:**
 - (1) eighth grade students may try out for drill team in the spring at the designated time established by the high school.
 - (2) seventh and eighth grade students of six year schools may participate in music with those grades 9 through 12.
- C. A student who has participated on a junior high team or its equivalent during the ninth grade year is ineligible to participate on a high school team in that particular sport during that year.
- D. Initial eligibility is established by attending the school as a student or trying out/practicing with a team, whichever comes first.



Checklist item #6. / Loss of Eligibility

Refer to detail presented on Tryout Checklist.



Checklist item #7. /Sports Season Rule

Interpretations & Guidelines #2-A: (See Article 1, Section 3b)

Participation in a sports season ends at the conclusion of a student's participation in the sport. This includes, without limitation, the following:

- A. An unsuccessful tryout for the school's program in that sport or termination from the school's sport program as a result of action by the coach or administration or as a result of the student's withdrawal from the sport. The coach of that sport has the discretion to reinstate any student to that program at any time providing the student meets all other eligibility requirements. A student who has tried out for a sport program and was not chosen or who was terminated from the school's sport program is ineligible to participate (or practice) in that sport during that sport season at any other school.



Checklist item #8. / Limited Team Membership

By-Laws Article I, Section 11: A student, while participating as a member of a high school team, may not participate on a team not sponsored by his or her school in the same activity during the same season. A student may compete in a non-school sponsored contest as an individual, not a team member, while a member of a high school team during an activity season.



Checklist item #9. /Scholastic Rule/Scholastic Eligibility

By-Laws Article I, Section 7 (Scholastic Rule): To be eligible to participate in Association sanctioned activities, a student:

- (a) must be a full time student in the school he or she intends to **represent**, or otherwise comply with all Utah State Board of Education dual enrollment requirements.
- (b) cannot fail more than one subject in the preceding grading period (for purposes of this rule, a failure in a multi-period subject shall be counted as the number of failures equal to the number of periods in the class); and
- (c) must have obtained a minimum grade point average (gpa) of 2.0 or its equivalent in the preceding grading period.
 - A student who has failed to meet the minimum requirements set forth shall be ineligible for participation in UHSAA activities throughout the next grading period, provided however, that deficiencies in the final grading period of the school year may be made up prior to the first term of the succeeding year by any method acceptable to the school district or the member private school. Deficiencies must be made up in the same subject area.
 - The scholastic regulations apply to students who are entering high school for the first time. They also apply to any ninth grade student at a junior high or middle school, who has established eligibility at a member high school as provided in these by-laws.
 - Eligibility under this rule is determined when grades are posted. Grades are "posted" when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than 5 school days following the last day of the grading period. Grade changes after the posting date cannot restore lost eligibility, except for a documented clerical error.
 - These scholastic regulations are the minimum required for participation in Association activities. Nothing in this rule shall prevent local boards of education or governing boards of private schools from establishing standards, related with grades, that exceed those of the Association. Any such rule, however, is not binding on the Association.

Interpretations and Guidelines #5 (Scholastic Eligibility): (see Article I, Section 7)

- A. The local school district, or the governing board of a member private school shall establish the degree of enrollment at the school that would define full-time status. Such definition shall apply to all aspects of the student's enrollment, not merely to activities.
- B. Incompletes (I), no grades (NG), and no credits (NC) are considered failures until made up. The grade point average must be recalculated once an I, NG, or NC has been made up, with the new grade replacing the deficiency. A recalculation of the grade point average would also need to be done if deficiencies are replaced during the summer grading period. In order to replace the deficiency obtained during the final grading period, the new grade must be earned in the same subject area and must come from a school district approved summer program. Deficiencies for purposes of this rule include any letter grade. No other make up work is accepted to gain academic eligibility during the school year.
- C. Students who are scholastically ineligible for a grading period cannot represent their school.

Interpretations and Guidelines #6 (Representing a School or Team):

- A. A student who is ineligible to represent his/her school on any varsity, junior varsity, sophomore or freshmen team, whether it is pre-season, region or post-season competition shall not:
 1. Be in uniform on competition day
 2. Warm up with the team
 3. Be introduced as a member of the team

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